| Sunday  | Monday  | Tuesday  | Wednesday  | Thursday  | Friday  | Saturday   |
|---|---|--|--|---|---|--|
| Spring  | TY 202.<br>Village @ Dover A<br>Events  |  | 10:30 Hydration Station  | 10:30 Hydration Station<br>11:00 Walking Club with Alice  | 10:30 Hydration Station   | 10:00 Exercise 4<br>10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Watch Jokes<br>1:45 Lucky Seven<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities                   |
| 10:00 Virtual Church<br>10:30 Nancy Inspirational<br>Quote Alice Today's<br>Chronicle<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Hymns<br>1:30 Exercise<br>2:00 Baptist Church Service<br>2:30 Sunday Sip & Socialize<br>3:00 Drop-in Activities                                   | 10:00 Exercise 6<br>10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Golfing<br>1:45 Full Card Clique<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities | 10:00 Exercise 7<br>10:00 Rosary<br>10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Bible Study with Janice<br>1:30 Bowling<br>2:00 January Trivia<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities                        | 11:00 Short Stories with Molly<br>12:30 Room Visits<br>1:00 Basketball<br>1:30 The King Was Born<br>Today Where Am I Game<br>2:00 Monthly Birthday Party   | 10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Carol Reading Short<br>Stories<br>1:30 Beanbag Twister  | 11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Knitting with Marsha<br>1:30 Drumming<br>2:00 Rocking Record Decor  | 10:00 Exercise 11<br>10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Making Snowman<br>1:45 Lucky Seven<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities               |
| 10:00 Virtual Church<br>10:30 Nancy Inspirational<br>Quote Alice Today's<br>Chronicle<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Hymns<br>1:30 Exercise<br>2:00 Sunday Sip & Socialize<br>3:00 Drop-in Activities<br>3:30 Relaxation Station                                       | 11:00 Tune in Music Club  | 10:00 Exercise 14<br>10:00 Rosary 10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Bible Study with Janice<br>1:30 Bowling<br>2:00 Making Spiced Milk Tea<br>2:30 Tea Party<br>3:00 Drop-in Activities                        | 11:00 Short Stories with Molly<br>12:30 Room Visits<br>1:00 Basketball<br>1:30 1920s Slang<br>2:00 Memorial Service<br>2:30 Memorial Service<br>Refreshments<br>3:00 Drop-in Activities  | 10:00 Exercise 16:00 Exercise 10:30 Hydration Station 11:00 Walking Club with Alice 11:00 Tune in Music Club 12:30 Room Visits 1:00 Carol Reading Short Stories 1:30 Beanbag Twister 2:00 Paint By Number Dragon Design With Chris 2:30 Sip & Socialize 3:00 Drop-in Activities | 10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Knitting with Marsha<br>1:30 Drumming<br>2:00 Ben Franklin Crossword<br>Puzzle<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities | 10:00 Exercise 18<br>10:30 Hydration Station 11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Manicures<br>1:45 Lucky Seven<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities                       |
| 10:00 Exercise<br>10:30 Nancy Today's<br>Inspirational Quote Alice<br>Today's Chronicle<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Episcopal Church<br>Service<br>2:00 Sunday Sip & Socialize<br>3:00 Drop-in Activities<br>3:30 Relaxation Station<br>Activity Professionals Week | 11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Golfing<br>1:45 Full Card Clique<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities<br>Martin Luther King Jr. Day   | 10:00 Exercise 21<br>10:00 Rosary 21<br>10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Entertainment with Gary<br>1:30 Bowling<br>2:00 Dolly Pardon Slideshow<br>Program<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities | 11:00 Walking Club with Alice<br>11:00 Short Stories with Molly<br>12:30 Room Visits<br>1:00 Basketball<br>1:30 How Many Famous<br>Blondes Can You Name AC<br>2:00 Ramblin Richard<br>2:30 Blonde Brownie Social<br>3:00 Drop-in Activities<br>Happy Birthday Deb                            | 10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Carol Reading Short<br>Stories<br>1:30 Beanbag Twister<br>2:00 Casablanca Day<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities<br>Happy Birthday Wayne      | 11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Knitting with Marsha<br>1:30 Drumming<br>2:00 Ice Cream Cone Party<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities   | 10:00 Exercise 25<br>10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Secret Robert Burns<br>Quote<br>1:45 Lucky Seven<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities |
| 10:30 Nancy Inspirational –<br>Quote Alice Today's<br>Chronicle<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Hymns<br>1:30 Exercise<br>2:00 Sunday Sip & Socialize<br>3:00 Drop-in Activities<br>3:30 Relaxation Station<br>Australia Day (Observed)                                 | 10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club  | 10:00 Rosary<br>10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Bible Study with Janice<br>1:30 Bowling<br>2:00 Casablanca Movie<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities  | 10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Short Stories with Molly<br>12:30 Room Visits<br>1:00 Resident Council<br>1:30 Basketball<br>2:00 Chinese New Year Social<br>3:00 Drop-in Activities<br>Happy Birthday Jonathan<br>Chinese New Year<br>(Year of the Snake) | 10:30 Hydration Station<br>11:00 Walking Club with Alice<br>11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Carol Reading Short<br>Stories<br>1:30 Beanbag Twister<br>2:00 "S'no" Jokin'<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities                               | 11:00 Tune in Music Club<br>12:30 Room Visits<br>1:00 Knitting with Marsha<br>1:30 Drumming<br>2:00 What Am I Coca-Cola<br>2:30 Sip & Socialize<br>3:00 Drop-in Activities  | Are Resident Directed<br>Activities Set Up By<br>Activity Staff<br>Puzzles<br>Card Games<br>Adult Coloring Pages<br>Word Search<br>Crossword Puzzle<br>Folding<br>Table Games etc  |