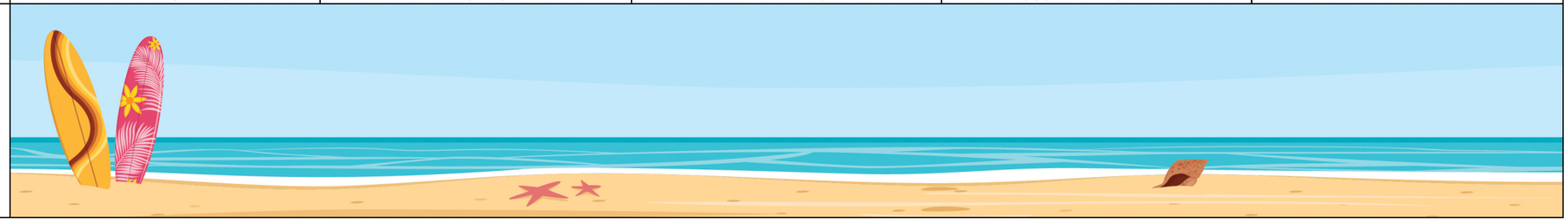
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Remember to Walk Today 9:30 Exercise Weights & Bands - AR 10:30 Group Card Game- CK 1:30 Residents Scrabble Group -SR 1:45 Matinee: Netflix or DVD in MR 4:00 Social Hour w/ Donna - Pub 6:15 Netflix or DVD in the MR
2 Remember to Walk Today 9:00 Coffee & Sunday Papers - CK 10:00 Residents Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 6:15 Netflix or DVD in the MR	3 Remember to Walk Today 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Wheel Of Fortune - SR 4:00 Trivia Time - Pub 6:15 Netflix or DVD in the MR Watermelon Day	4 Remember to Walk Today 9:00 Exercise Weights & Bands -AR 10:15 Skip Bo Card Game - CK 12:00 BBQ on Patio 1:30 Bingo - AR 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR Chocolate Cookie Day	5 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:15 Uno Card Game - CK 11:30 Big Board - Pub 2:00 Scenic Ride - Main Lobby 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	6 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:00 Tote bag decoration w/ Linda -CK 10:30 Charlie Bird in MR 11:30 Big Board - Pub 1:30 Skip Bo Card Game - CK 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR Root Beer Float Day	7 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:30 Pamper Your Nails - Spa 11:30 Big Board - Pub 1:30 Library & Errands - Main Lobby 2:00 Poker Game in the - CK 4:00 Social Hour w/ Donna - Pub 6:15 Netflix or DVD in the MR	8 Remember to Walk Today 9:30 Exercise Weights & Bands - AR 10:30 Group Card Game - CK 1:30 Residents Scrabble Group -SR 1:45 Matinee: Netflix or DVD in MR 4:00 Michael Wakefield & Cathy - Pub 6:15 Netflix or DVD in the MR
9 Remember to Walk Today 9:00 Coffee & Sunday Papers - CK 10:00 Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 6:15 Netflix or DVD in the MR	10 Remember to Walk Today 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Big Board Scrabble - SR 4:00 Social Hour w/ Amy - Pub 6:15 Netflix or DVD in the MR S'mores Day	11 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:00 Resident Council Meeting - AR 12:00 BBQ on Patio 1:30 Bingo - AR 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	12 Remember to Walk today 9:30 Exercise With Carol -AR 9:30 Friendly Farm Trip- Main Lobby 1:30 Gardening Club - Main Lobby 2:00 Scenic Ride - Main Lobby 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	13 Remember to Walk Today 9:00 Exercise Weights & Bands -AR 10:00 Watercolor pencil w/ Linda -CK 11:15 Listen & Lunch Music Series Bagged Lunch - Depot Park 1:45 Matinee: Netflix or DVD in MR 2:00 Music Exercise - AR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	14 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:30 Pamper Your Nails - Spa 10:30 Charlie Bird in MR 11:30 Big Board - Pub 1:30 Library & Errands - Main Lobby 4:00 Social Hour w/ Amy& Donna - Pub 6:15 Netflix or DVD in the MR Creamsicle Day	15 Remember to Walk Today 9:30 Exercise Weights & Bands - AR 10:30 Group Card Game - CK 1:30 Poker Game in the - CK 1:45 Matinee: Netflix or DVD in MR 4:00 Social Hour w/ Amy - Pub 6:15 Netflix or DVD in the MR
16 Remember to Walk Today 9:00 Coffee & Sunday Papers - CK 10:00 Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 6:15 Netflix or DVD in the -MR Tell A Joke Day	17 Remember to Walk Today 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Big Board Scrabble - SR 4:00 Social Hour w/ Amy - Pub 6:15 Netflix or DVD in the MR	18 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:15 Skip Bo Card Game - CK 12:00 BBQ on Patio 1:30 Bingo - AR 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	19 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:15 Uno Game -CK 11:30 Big Board - Pub 2:00 Scenic Ride - Main Lobby 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	20 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:15 Card games/ Puzzles -CK/ LR 11:15 Listen & Lunch Music Series Bagged Lunch - Depot Park 1:30 UNO Card Game - CK 1:45 Matinee: Netflix or DVD in MR 3:00 Lawn-chair Drill Team -Parking lot 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR	21 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:30 Pamper Your Nails - Spa 10:30 Charlie Bird in MR 11:30 Big Board - Pub 1:30 Library & Errands - Main Lobby 2:00 Arm Chair Travel - MR 4:00 Trivia Time w/ Amy & Donna- Pub 6:15 Netflix or DVD in the MR Happy Birthday Cynthia!	22 Remember to Walk Today 9:30 Exercise Weights & Bands - AR 10:30 Resident Card Game - CK 1:30 Residents Scrabble Group -SR 1:45 Matinee: Netflix or DVD in MR 3:15 M1 Music with Diane Ammon 4:00 M2 Music with Diane Ammon 4:00 Michael Wakefield & Cathy - Pub 6:15 Netflix or DVD in the MR
23 Remember to Walk Today 9:00 Coffee & Sunday Papers - CK 10:00 Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 6:15 Netflix or DVD in the- MR	24 Remember to Walk Today 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Word Unscramble - SR 4:00 Trivia with Jean - Pub 6:15 Netflix or DVD in the MR National Waffle Day	25 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:15 Resident Poker - AR 12:00 BBQ on Patio 1:30 Bingo - AR 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR Banana Split Day	26 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:00 Mexican Train Game - CK 11:30 Big Board - Pub 2:00 Scenic Ride - Main Lobby 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the MR Dog Day	27 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:00 Resident Uno -CK 10:30 Charlie Bird in MR 11:30 Big Board - Pub 1:30 Resident UNO Card Game - CK 1:45 Matinee: Netflix or DVD in MR 4:00 Trivia Rob- Pub 6:15 Netflix or DVD in the Peach Day	28 Remember to Walk Today 9:00 Exercise Weights & Bands - AR 10:30 Pamper Your Nails - Spa 11:30 Big Board - Pub 1:30 Library & Errands - Main Lobby 1:45 Online Crossword Puzzle! - MR 4:00 Trivia Time w/Donna- Pub 6:15 Netflix or DVD in the MR Happy Birthday Richard	29 Remember to Walk Today 9:30 Exercise Weights & Bands - AR 10:30 Group Card Game - CK 1:30 Resident Poker Game in the - CK 1:45 Matinee: Netflix or DVD in MR 4:00 Auction with Jean - Pub 6:15 Netflix or DVD in the MR
30 Remember to Walk Today 9:00 Coffee & Sunday Papers - CK 10:00 Scrabble Group - SR 1:45 Matinee: Netflix or DVD in MR 2:30 Sunday Card Games -CK 6:15 Netflix or DVD in the- MR	31 Remember to Walk Today 9:30 Exercise with Carol - AR 10:15 Knit & Chat with Cathy 10:30 Errands & Library - Main Lobby 11:30 Big Board - Pub 2:00 Big Board Scrabble -SR 4:00 Social Hour w/ Amy - Pub 6:15 Netflix or DVD in the MR					



Spring Village at Summerhill Assisted Living 183 Old Dublin Road, Peterborough, NH 03458, 603-924-6238

Subject to change: Please look at your Daily, Thank you!